

CARDIOPULMONARY REQUISITION

Booking Appointments: 519-326-2373 ext. 4453
Fax : 519-322-1686

Patient Name: _____ DOB: _____
Patient Phone #: _____ OHIP #: _____
Physician Name (Print): _____
Physician Signature: _____
Appointment Date and Time: _____

Please arrive 15 minutes prior to your appointment time and register at the Main Registration Desk.

CARDIAC TESTING

History of CAD? ☐ Yes ☐ No

- ☐ **ECG** (Walk-ins Only, Mon-Fri 9:00-15:30)
- ☐ **Holter Monitor** ☐ Palpitations ☐ Syncope
☐ 24 Hr ☐ 48 Hr ☐ 72 Hr ☐ 7 Day ☐ 14 Day
- ☐ **Stress Test** (Consult, if deemed necessary by MD*)
Priority ☐ Within 3 days ☐ 1-2 Weeks ☐ Elective

* An automatic consult will be ordered if the test results are equivocal, submaximal, or positive, ensuring proper follow-up arrangements are made.

- ☐ **Cardiac Consult with Stress Test – Family Physicians Only**
(ER Physicians refer to Urgent Chest Pain Clinic)
☐ Chest Pain
☐ Post MI
☐ Family Hx, Risk Factors

Other Indication(s) and Medical Hx: _____

- ☐ **Transthoracic Echocardiogram**
(+ contrast, if indicated)
☐ LV Function
☐ Chest Pain/MI
☐ Valvular Stenosis/ Regurgitation
☐ High Blood Pressure
☐ Murmur
☐ Endocarditis/Pericarditis
☐ Pre-op or Post-op Assessment
☐ Congenital Heart Disease
☐ Pulmonary Hypertension
☐ Shortness of Breath
☐ Prosthetic Valve Type: _____
Size: _____

- ☐ **Echocardiogram with Bubble Study**
☐ TIA/Stroke Workup

RESPIRATORY TESTING

- ☐ **Pulmonary Function Test**
☐ **Spirometry**
☐ **Oximetry/Home O₂ Assessment (IEA)**
☐ Reassessment
- ☐ **6 Minute Walk Test**
☐ **Arterial Blood Gases**
☐ **Bronchial Challenge Test (> 12 yrs of age)**

ALL CARDIAC TESTING except for ECG must be 18 year of age and older.

All patients seen in the Cardiopulmonary Department with an Internal Medicine Specialist performing the test will have a brief assessment note documenting any interventions that occurred during the test and any recommendations, ensuring proper follow up on testing is arranged without delay of care.

Instructions for Cardiopulmonary Tests

CARDIAC TEST TYPE	PREPARATION
Electrocardiogram (ECG)	<ul style="list-style-type: none"> - Duration: 10-15 minutes - None
Echocardiogram	<ul style="list-style-type: none"> - Duration: 30-45 minutes - Clean skin (no lotions or creams on your chest) - Wear comfortable clothing, preferably two pieces such as pants and top
Holter Monitor	<ul style="list-style-type: none"> - Duration: 10-15 minutes - Clean skin (no lotions or creams on your chest) - Wear comfortable clothing, preferably two pieces such as pants and top
Stress Test (+/- Cardiac Consult)	<ul style="list-style-type: none"> - Duration: 30 minutes - Clean skin (no lotions or creams on your chest) - No caffeine (coffee, tea, pop, chocolate) on the day of the test - Fasting (no food/drink, water is okay) 4 hours before the test - Wear comfortable walking shoes and comfortable clothes, preferably two pieces such as pants and a top - Do not take BETA Blockers before your appointment, such as; Toprol, Lopressor, Metoprolol, Atenolol, Tenormin, Coreg, Carvedilol, Inderal, or Propranolol - BRING A LIST OF YOUR MEDICATIONS

RESPIRATORY TEST TYPE	PREPARATION
Pulmonary Function Test	<ul style="list-style-type: none"> - Duration: 45 minutes - No inhalers 4 hours before the test - No smoking 12 hours before the test
Spirometry	<ul style="list-style-type: none"> - Duration: 30 minutes - None
Home O₂ Assessment	<ul style="list-style-type: none"> - Duration: 30 minutes - None
6 Minute Walk Test	<ul style="list-style-type: none"> - Duration: 30 minutes - None
Arterial Blood Gases	<ul style="list-style-type: none"> - Duration: 15 minutes - None
Bronchial Challenge Test	<ul style="list-style-type: none"> - Duration: 60 minutes - Instructions will be given to you on if you need to hold an inhaler prior to the test at the time of booking